



SWAMI SANT DASS JUNIOR SCHOOL

For the Session - 2022-23

Class - FIRST

Books Recommended

Sr. No.	Name of Books	Publisher
1.	English	
	Reader	
	1. Marigold Book-1 Grammar	NCERT
	2. Grammar Cloud-1	Harbour Press
	3. Extended Reading	
	(i) Meera	CBT Publication
	(ii) Lucky the Licking Dog	CBT Publication
	4. Comprehension Booklet	
2.	Maths	
	1. CANDID Interactive Mathematics-1	Evergreen Pub.
3.	EVS	
	Orchid Environmental Studies (I)	Orchid Pub. (P) Ltd.
4.	Punjabi	
	ਆਉ ਸ਼ਬਦ ਪੜ੍ਹੀਏ	Evergreen Publications
5.	G.K.	
	Millennium's (Now I Know it -1)	Millenium Booksource
6.	Art	
	Mastering Art-1	Trimurti Publications
7.	Computer	
	Boost Your Click	Cambell Pub. India
	Scratch Windows-1	
8.	Physical Education	

ENGLISH

(April - May)

PERIODIC TEST - I

Note :

1. Knowledge of Grammar topics done in previous class is must.
2. Unseen comprehension, composition related to the concept will be given in the exam.
3. Grammar topics will be carried forward through out the year.

READER

Topic	No. of Periods	Learning outcomes
Ch. Three Little Pigs (concept of naming words will be introduced)	6	Students will be able to *comprehend the text and learn new words, Understand that hard work always pays off *find naming words
Ch- The Bubble , The Straw and the shoe	6	*read the lesson with correct pronunciation *find special names from the chapter *learn the value of proper study of a situation instead of following others instructions
Poem - A Happy Child	2	*understand and recite the poem * recognize the colours all around and identify the expressions of happiness *recognize capital and small letters.

Topic	No. of Periods	Learning outcomes
Poem - After A Bath (For recitation only)	1	Students will be able to * recite the poem with correct pronunciation and actions
GRAMMAR		
Ch-10 Is, Am, Are	1	* use is, am, are in sentences
Ch-15 Capital Letters	2	* use capital letter in sentences
Ch-4 Naming Words-Nouns	2	*classify the naming words as a person, place, animal or a thing and identify them in a sentence.
Ch-6 Common Noun and Proper Nouns	2	*understand the difference between common nouns and proper nouns and identify them in a sentence.
WRITING SKILL		
Composition in the form of blanks	2	*enhance their vocabulary and improve their writing skill.
READING SKILL		
Comprehension (passages 1 to 5)	3	*comprehend the text and answer the given questions
Extended Reading Meera (upto page 8)	4	*improve their reading skill and enhance their vocabulary

First--3

Topic	No. of Periods	Learning outcomes
SPEAKING SKILL		
1. Picture Conversation (Unseen)		Students will be able to *describe the given picture
2. Reading (Unseen)		* read the given content
3. Question about some articles like table, chair etc. & general questions related to Extended Reading.		* give answer related to the objects and story (Meera)

Distribution of Marks : 50

Dictation -05, Reader -15, Grammar 17,

Composition-08, Comprehension -05

PERIODIC TEST - II

(July -Sept)

Note : Syllabus of PT1 will be included in PT2

READER

Topic	No. of Periods	Learning outcomes
Ch- Lalu and Peelu	6	Students will be able to * comprehend the text and learn new words * learn the value of helping the siblings. * find common and special names
Ch-Mittu and the Yellow Mango	6	* recognize the sounds of different birds

First--4

Topic	No of Periods	Learning outcomes
Circle	6	Students will be able to *recognize the different shapes * make sentences of different words and complete exercises find out articles and use them
Poem - One Little Kitten	2	* Learn the names of different animals, their qualities and learn number names. * understand the concept of Nouns- Singular and Plural
Poem Once I saw a Little Bird	2	*read and understand the poem * learn rhyming words
Merry Go Round (For recitation)	1	*recite the poem with correct pronunciation and actions *understand position words (Prepositions)
GRAMMAR		
Ch-8This, That	1	*understand the concept of far and near with singular naming words
Ch-9 These, Those	1	*understand the concept of far and near with plural naming words

First-5

Topic	No of Periods	Learning outcomes
Ch-5 Nouns - Singular and Plural	2	Students will be able to convert singular naming words into plural naming words.
Ch-1 Alphabet	1	*write letters in an alphabetical order * make new words by rearranging the letters
Ch-3 Using A and An	2	* Identify vowels, consonants, their sounds and use articles with them.
WRITING SKILL		
Composition (concept related to stationery items like My Pencil, My Eraser etc.	2	Write about different stationery items and co-relate them with their belongings
READING SKILL		
Comprehension (Passages 6 to 10)	3	Comprehend the text and answer the given questions.
Extended Reading Meera (Full)	4	*increase their reading skill and enhance their vocabulary.
SPEAKING SKILL		
1. Picture Conversation (unseen) 2. Reading (Unseen) 3 Questions about some articles like pencil, pencil box etc and general questions related to Extended Reading		* describe the given picture. * read the given content * give answers related to objects and story (Meera)

First-6

Distribution of Marks : 100

Oral-20, Dictation -10, Reader -25, Grammar 30,

Composition-10, Comprehension -05

PERIODIC TEST - III

(Oct-Dec)

READER

Topic	No. of Periods	Learning outcomes
Ch- Sundari	6	Students will be able to * comprehend the text and learn new words * understand that to get success we should try again and again. * find doing words from the chapter
Ch-The Tiger and the Mosquito	6	* comprehend the text *understand that every one is great in his own way.
Poem - If I were an Apple	2	* use pronouns in writing * understand the message being conveyed and improve his imagination.
Poem- Our Tree	2	* know how does a seed grows into a tree and benefits of trees. *pick out some words and find their opposites and synonyms
Poems A Kite, A Little Turtle (for recitation)	2	* understand and recite the poem with correct pronunciation and actions.

First-7

Topic	No. of Periods	Learning outcomes
GRAMMAR		
Ch-13 Doing words (Verb) Three Forms of verb	2	Students will be able to *understand that all actions are doing words and identify them from the sentences. * understand the concept of three forms of verb and their uses.
Ch-7 Pronouns	2	* understand the concept of pronouns and use of different pronouns for different naming words.
Ch-14 Position Words (Prepositions)	2	* know the relation of one object with another or relation among different objects.
Ch-17 Vocabulary	2	*Learn opposites, synonyms etc.
WRITING SKILL		
Composition (concept related to My Family) like My Self, My Mother etc.	2	Write about their family members
READING SKILL		
Comprehension (Passages 11 to15) Extender Reading : Lucky The Licking Dog (upto page 8)	3 4	*comprehend the text and answer the given questions develop reading habit & enhance their vocabulary

First-8

Topic	No. of Periods	Learning outcomes
SPEAKING SKILL		
Picture Conversation (Unseen)		Students will be able to *describe the given picture
2. Reading (Unseen)		* read the given content
3. Questions about your favourite teacher and general questions related to Extended Reading		*answer the questions related to teachers and story (Lucky The Licking Dog)

Note : Distribution of Marks will be same as given in PT1

READER

ANNUAL EXAMINATION (Jan-March)

Note : Syllabus of PT3 will be included in Annual Examination

Topic	No of Periods	Learning outcomes
Ch-Anandi's Rainbow	6	Students will be able to * learn vocabulary, all facts about rainbow and draw rainbow
Ch- The Tailor and His Friends	6	*find describing words * show sympathy for animals and know about different occupation.
Poem - Clouds	2	*Find doing words * know what brings rain *tell things used in rainy seasons

First-9

Poem Flying Man (For recitation)	1	* understand and recite the poem with correct pronunciation and actions * frame and ask questions.
GRAMMAR		
Ch-12 Describing Words (Adjectives)	3	*Find adjectives in a sentence, use describing words for persons or things.
Ch-16 Asking Questions	2	*Identify statement and questions
Ch-11 Use of Has, Have	2	* use the words to show possession.
Ch-2 The Sentence	2	tell what a sentence is and arrange words into sentences.
WRITING SKILL		
Composition (concept related to My Family) like My Brother, My Sister etc.	2	talk about their family members
READING SKILL		
Comprehension (Pages 16 to 20)	3	*comprehend the text and answer the given questions
Extended Reading : Lucky The Licking Dog (full)	4	develop reading habits & enhance their vocabulary

First-10

Name of Topic	No of Periods	Learning outcomes
SPEAKING SKILL		
Picture Conversation (Unseen)		Students will be able to *describe the given picture
2. Reading (Unseen)		* read the given content
3. Question about your favourite Cartoon character and general questions related to Extended Reading		* answer the questions related to cartoon characters and Story - Lucky The Licking Dog

**Note : Distribution of Marks will be same
as given PT2**

MATHS
Term-I (April - May)
PERIODIC TEST - I

Sr. No.	Name of Topics	No of Periods	Learning outcomes
1.	Counting upto 800	2	Students will be able to * read and write number upto 800 * write and recite tables upto 8. * do table dodging * write counting by skipping digits. * find missing numbers between given numbers. * can Identify the pattern of skip counting
2.	Dodging lines	2	
3.	Table (0-8)	2	
3.	Skip Counting (upto by 4's)	2	
4.	Number System up to 500)		
	(i) Place Value	2	
	(ii) Face Value	1	
	(iii) Write in word and Write in figures (upto 100)	3	* write places and place value of digits. * tell hundreds, ten, ones * tell face value of digits * know the number number names (upto 100) * Write any no (upto 100) as a numeral upon hearing its number name.

Sr No	Name of Topics	No of Periods	Learning outcomes
5.	Addition (with and without carry)	4	Students will be able to * Add upto 3 digits * Add single digit no' with sum upto 10 * Add using object/ images upto 10 * Sub upto 3 digits * Sub numbers within 20 accurately * Sub using object/ image upto 20 * Draw & colour 2-D shapes. * Identify shapes of related objects. * Tell the sides of shapes.
6.	Subtraction (with and without borrow)	4	
7.	Shapes (○ □ ▭ △)	4	

Activity ;

1. Complete the patterns.
2. Activity of ones, ten and hundred with the help of lines, matchsticks or boxes.

Oral : Table (0-8), Table dodging (0-8) shapes, Place Value, Face Value and General questions related to concepts.

Distribution of Marks : 50

Maximum Mark : 50

(45+ 5 Mental Ability)

**Term-II (July - Sept)
PERIODIC TEST - 2**

Note : Syllabus of P.t. -1 will be included in P.T. 2

Sr No	Name of Topic	No of Periods	Learning outcomes
1.	Counting upto 1200	3	Students will be able to * read and write numbers upto 1200 * write and recite tables upto 9. * do table dodging * write counting by skipping digits. * find missing numbers between given numbers. * can Identify the pattern of skip counting * recognise India currency and symbol * Add and sub money * Use currency to pay small amount. * Solve real life currency problems related to money. * Identify smallest and greatest numbers or objects
2.	Dodging lines Table (0-9)	2	
3.	Skip Counting (upto by 6's)	2	
4.	Money	6	
5.	Number System up to 800) (i) Greatest no/ smallesst no.	2	

Sr. No	Name of Topic	No of Periods	Learning outcomes
	(ii) Compare the Numbers (<,>=)	2	Students will be able to *Do the comparison of the numbers or objects * know the number names (upto 400) * write any no (upto 400) and as a numeral upon hearing its number name. * recite tables by solving multiplication * solve simple real life problems using multiplication with the help of images.
	(iii) Write in words and in figure upto 400	4	
6.	Multiply Sums (with and without carrying)	8	

Activity ;

1. Compare and choose greatest and smallest objects.
2. Addition and subtraction of money by using Fake Currency notes.

Oral : Table (0-9), Table dodging (0-9) Shapes, Place Value, Face Value and General questions related to concepts.

Distribution of Marks : 50

Maximum Mark : 100

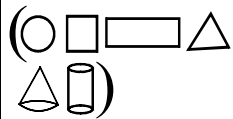
Written : 90 (80+ 10 Mental Ability)

Oral : 10

(Oct-Dec)
PERIODIC TEST - 3

Note : Syllabus of P.T. -1, 2 will be included in P.T. 3

Sr. No	Name of Topics	No of Periods	Learning outcomes
1.	Counting upto 1600	2	Students will be able to * read and write numbers upto 1600
2.	Dodging lines Table (0-10)	2	
3.	Skip Counting (upto by 8's)	2	
4.	Number System up to 1000)	3	* write and recite tables upto 10. * do table dodging * write counting by skipping digits. * find missing numbers between given numbers. * can Identify the pattern of skip counting
	(i) Ascending Order/ Descending Order	2	
	(ii) After/Before/ Between		
	(iii) Write in words and figures (upto 600)	2	* Identify no. or object which placed after/ before or between the given no. or object *know the number names (upto 600) * write any no. upto 600 as a numeral upon hearing it number name.

5.	Division sums (0-9)	10	*Divide single and double digit no. without or with remainder by using tables (0-9) * Distribute thing equally.
6.	Shapes 	4	*Draw, colour and recognise shapes. *Identify the objects related to shapes from the surroundings.

Activity ;

1. Show that Division is a repeated subtraction.
2. Measure the length of your book, pencil, notebook etc. by using your handspan and also gauge the distance between two walls, corner of room or two trees by using your feet.

Oral : Table (0-10), Table dodging (0-10) Shapes, After/before/Between and General question related to concepts.

Distribution of Marks : 50

Maximum Mark : 50

(45+ 5) Mental Ability

**(Jan-March)
ANNUAL EXAMINATION**

Note : Syllabus of P.t. 1, 2 and 3 will be included in P.T. 4

Sr. No	Name of Topics	No of Periods	Learning outcomes
1.	Counting upto 2000 Dodging lines	2	Students will be able to * read and write number upto 2000
2.	Table (0-11)	2	
3.	Skip Counting (upto by 10's)	2	
4.	Ordinal Number (1-10)	5	* Learn and write Ordinal Number * tell and recognise the position of any object.
5.	Write in word (upto 1000)	3	*know the number names (upto 1000) * write any no. upto 1000 as a numeral upon hearing its number name.

Sr. No	Name of Topics	No of Periods	Learning outcomes
6.	Statement Sums of addition and subtraction	8	Students will be able to * to understand the statements. * to frame statements. * apply the skill of simple add or sub in daily life.

Activity ;

1. Arrange the activities that you do in the morning in a sequence to go to the school.
2. Activities related to Ordinal Numbers.

Oral : Table (0-11), Table dodging (0-11) Shapes, After/ Before/Between and General questions related to concepts.

Distribution of Marks :

Maximum Mark : 100

Written : 90

(80+ 10 Mental Ability)

Oral : 10

EVS
(April - May)
PERIODIC TEST - I

Ch. No.	Name of Chapter	Learning Outcomes	No. of Periods
2	Our Body Parts	Students will be able to * learn vocabulary related to the theme. * tell about various functions of parts of body and sense organs * know ways to keep our body neat and clean.	9
3.	My Family	* know different types of families. * describe members of family and their roles.	9
4.	Food We Eat	* learn the importance of food. * understand about different sources and types of food. * learn good food habits	9

Activities ;

1. Draw and colour pictures of different sense organs. Mention various activities they help us to perform.
2. Draw or paste pictures of your favourite food item. Also write why do you like it ?

Total Marks : 50

(July- Sept)

PERIODIC TEST - II

Note : Syllabus of P.T. 1 will be included in P.T. 2

Ch. No.	Name of Chapter	Learning Outcomes	No. of Periods
5	Our Clothes	Students will be able to * know about importance of clothes. *identify clothes according to different seasons, region and gender.	9
6.	Our House	* know about importance of a house. *identify different rooms in a house * learn to take care of their house.	9
9.	Helping Hands	* tell about different helpers around us in the society and their role.	9
10.	Safety Rules and Good Habits	* understand the meaning of safety. * know about safety rules to be followed at home, school, playground and road. * learn some good habits to be followed in daily life.	9

Activities :

1. Clothes protect us from weather in different seasons. Draw or paste clothes worn in different seasons on a loose pastel sheet.
2. Always follow safety rules and good habits to remain safe. Draw and colour a traffic light on an ivory sheet.
3. Make a list of helpers who help you in daily life. Enlist them in your notebook

Total Marks : 100

First-21

(Sept. - Dec)

PERIODIC TEST - III

Ch. No.	Name of Chapter	Learning Outcomes	No. of Periods
7	Our Neighbourhood	Students will be able to * know the meaning and importance of neighbours. *identify places we come across in our neighbourhood	9
8.	My School	* understand the meaning and importance of school *recognise various rooms in a school * identify people who help us in a school	9
11.	Transport and Communication	*know the importance of means of transport. * identify different types of transport * learn the meaning of communication. * name the various means of communication.	9

Activities :

1. Collect and paste pictures of important places of your neighbourhood.
2. Bring any toy related to means of transport and describe it in your own words.
3. A school is a special place for every child. Enjoy a school tour to know your school better.

Total Marks : 50

First-22

ANNUAL EXAMINATION

Note : Syllabus of P.T. 3 will be included in P.T. 4

Ch. No.	Name of Chapter	Learning Outcomes	No. of Periods
12	Plants Around Us	Students will be able to * Identify different types of plants around us. * know the importance of plants for us.	8
13.	Animals Around us	* know about different types of animals around us - pet, domestic, farm, wild, aquatic etc. *tell about the food pattern of animals * identify homes of animals	8
14.	Our Earth	* know the different features of Earth. * understand about various landforms on the Earth.	8
15.	Sun, Moon and Stars	* name the different heavenly bodies. * understand the various phases of moon.	8

Activities :

1. Plants are our best friends. Plant a sapling in your house, take care of it and observe its growth.
2. Collect pictures of different animals and their homes and paste them on a pastel sheet.
3. Observe the sky in the morning and at night to see the various heavenly bodies. Write which of them you observed in the daytime and at night.

Total Marks : 100

COMPUTER

Term-I (April - May)

PERIODIC TEST - I

Ch. No.	Name of Chapter	Learning Outcomes	No. of Period
1.	L-1 The Computer A Smart Machine	Students will be able to * Recognize man made things and machines. * Understand the use of machines. * Recognize the different types of Computers used to perform different tasks.	5
2.	L-8 Handling A Computer	*Handle the Computer efficiently * Switch on the Computer by using suitable steps * Shut down the Computer safely.	5

Distribution of Marks

Oral : 25

**Term-II (July-Sept.)
PERIODIC TEST -2**

Note : Syllabus of PT-1 will be included.

Ch. No.	Name of Chapter	Learning Outcomes	No. of Period
1.	L-4 Click Click Mouse	Students will be able to * Handle the Mouse efficiently * Understand the use of all buttons of the Mouse * State how things can be selected using the Mouse.	6
2.	L-5 Fun with Paint	* Learn the use of MS Paint for making drawings. * Recognize the different shapes available in the toolbar. * Draw basic drawing using different shape tools	6

Distribution of Marks

Oral : 20

Practical : 30

Total : 50

First-32

**Term-III (Sept-Dec)
PERIODIC TEST -3**

Ch. No.	Name of Chapter	Learning Outcomes	No. of Period
1.	L-2 Parts of a Computer	Students will be able to * Identify different part of a computer. * Explain the use of different parts of a computer. * Appreciate the use of Keyboard, mouse and CPU.	6
2.	L-3 The Computer As A Friend	* List different areas where Computer are used * Understand the use of Computer to perform a task faster.	6

Distribution of Marks

Oral : 25

First-33

(Dec-March)
ANNUAL EXAMINATIONS

Note : Syllabus of PT3 will be included in Annual Examination

Ch. No.	Name of Chapter	Learning Outcomes	No. of Period
1.	L-6 Using the Keyboard	Students will be able to * Identify the different keys of keyboard. * Understand the working of special keys on the Keyboard * Use the basic keys of the keyboard	5
2.	L-7 Notepad Writing is Fun	*Start Notepad on the Computer . *Identify the parts of a Notepad window * Save and close Notepad * Type using the keyboard	5

Distribution of Marks

Oral : 20

Practical : 30

Total : 50

GENERAL KNOWLEDGE

Term-I (April - May)
PERIODIC TEST - I

Chapter 1 to 10	<p>Learning Outcomes -After the completion of these chapters, students will be able to</p> <ul style="list-style-type: none"> *Recognise animals' names, their babies and their homes, Differentiate between living and non-living things, healthy and unhealthy food items, tell about various rooms in a house, things obtained from plants and sources of water, different seasons and learn about hospital. <p>Topic - BRING LIFE STYLE CHANGES</p> <p>Main Idea: Health and hygiene are practices of keeping yourself and your surroundings clean in order to prevent illness or disease.</p> <p>Objectives: *To explore the importance of personal hygiene. *To understand the ways in which personal hygiene can be maintained. *To explore the benefits of following good hygiene practices.</p> <p>Story : Sunny was very happy. His teacher announced that they would be going for a picnic the next day. He gave this good news to his mother after reaching home. His mother served him lunch and Sunny started eating without washing his hands. In the evening too he ate an apple without washing it as he was in a hurry to pack his bag for the picnic. Suddenly at night:</p>	
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he started throwing up and developed a stomach ache. The doctor called and he told the parents that Sunny had a severe stomach infection. His mother told him that this happened because he was not in the habit of washing his hands or even fruit before eating. Sunny missed the picnic but he realized the importance of health and hygiene

ACTIVITIES

Activity-1

- * Chorus recitation with action.
- * This is the way we brush our teeth, early in the morning This is the way we comb our hair, early in the morning.
- * This is the way we take a bath, early in the morning

Activity-2

- * Let the students check each other's nails in the class. Make hygiene/cleanliness monitors

Distribution of Marks
M. Marks: 25

Term-II (July-Sept.) PERIODIC TEST -2

Chapter 11 to 20	<p>Learning Outcomes</p> <p>*The children will be able to -</p> <p>recognize electronic machines and their uses, means of transport, identify and recall the importance of historical buildings of India, and famous Indian folk dances, famous cartoon characters, different shapes, sportspersons and their sports, understand Jack & Jill poem's story and moral value of story,</p> <p>Topic BRING LIFE STYLE CHANGES</p> <p>Activity-3</p> <p>Make a list of things which help you to maintain your personal hygiene</p> <p>Activity-4 (Role Play)</p> <p>How can I maintain good personal hygiene ?</p>	
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Distribution of Marks
M. Marks: 25

**(Sept.-Dec.)
PERIODIC TEST -3**

Chapter 21 to 30	<p>Learning Outcomes</p> <ul style="list-style-type: none"> *The children will be able to - *understand and learn about difference between good and bad habits, safety rules, learn story and its moral, learn to keep their home tidy, save water and electricity, cycle of plant and tree, recognise the things at a railway station and four directions. <p>Topic : LET US BE OF HELP TO OTHERS</p> <p>Main Idea :</p> <p>Helpers are people who extend support to improve a situation, resolve a problem or lend assistance when needed.</p> <p>Objectives:</p> <ul style="list-style-type: none"> To identify qualities that are present in 'helpers'. To explore the ways in which 'helpers' help others. To understand the ways in which we can become 'helpers'. <p>Story:</p> <p>Rohan was in a habit of doing things that most children don't do. When he saw someone carrying a load of books, he would carry some for them. Rohan would help old people climb stairs</p>	
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whenever he saw them facing a problem while doing so. He would also pick up wrappers littered around in the classroom and throw them in the dustbin to make sure that the place was clean. He would carry shopping bags for mother so that she was comfortable. One day his mother stopped him and said, "Rohan, may God bless you. You help others and you are a good boy. That is very special about you." Rohan was so happy that he smiled all day long.

ACTIVITIES

Activity-1

Ask students to think of examples where they have seen helpers at work.

Activity-2

Guide the students to make a "Thank You" card for a soldier who protects the nation's borders. Encourage them to present it with a big smile.

**Distribution of Marks
M. Marks: 25**

(Dec. to March)
ANNUAL EXAMINATION

Chapter 31 to 40	<p>Learning Outcomes-After completion of these chapters, children will be able to</p> <ul style="list-style-type: none"> * recognize wild animals, name special dishes of some states of India, know about helpers in society and their importance, tell about type of houses, clothes' names, identify different forms of water, Tell about National symbols of India, National festivals and some states of India and their capitals. <p>Chapters: 31 to 40</p> <p>Topic LET US BE OF HELP TO OTHERS</p> <p>Activity-3</p> <p>Ask students about the duties of a traffic policeman.</p> <p>Activity-4</p> <p>Ask students to think of how can they become helper.</p>	
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Distribution of Marks
M. Marks: 25

ART

Term-I (April - May)
PERIODIC TEST - I

- 1. Book Page :**
3 - 10 of the book "Mastring Art-1"
- 2. Drawing & Colouring :**
Aeroplane in the clouds, Playing in the Park, Kite, Football
- 3. Activity :** Clay Modelling

PERIODIC TEST - II (Half Yearly)
(July to September)

- 1. Book Page :**
11 - 23 of the book "Mastring Art-1"
- 2. Drawing & Colouring :**
Vegetables, Letter Box, Clown, Flowers in the vase
- 3. Activity :** Collage Making

PERIODIC TEST - III
(September- December)

- 1. Book Page :**
24 - 34 of the book "Mastring Art-1"
- 2. Drawing & Colouring :**
Earth day, Macaw, Cycle, Octopus
- 3. Activity :** Card Making

ANNUAL EXAMINATION
(December-March)

1. Book Page :

35 - 45 of the book "Mastring Art-1"

2. Drawing & Colouring :

Cube, Beautiful House, Cat, Joker

3. Activity : Paper Plate Craft

Note : Students will be assessed through their performance in the class.

PHYSICAL EDUCATION

Term-I (April - May)

PERIODIC TEST - I

Topic	Skills	Learning Outcomes	No. of Period
Warming up	General and specific	Can demonstrate locomotor skills	
Athletics {Races different types}	50m.100m,zig zag running, Relay Races. Standing broad jump	(running, hop- ping, jumping, skipping..) in a variety of activi- ties.	
Basketball/ Handball Minor Games	Basic skills, Holding, catching and Throwing, dribbling	Respect for self and others in activities	
YOGA	Introduction of Yoga Concepts of asanas Various types, Full Body stretching	Enable to understand the flexibility of the body according to the asanas.	

(July - Sept))
PERIODIC TEST - II

Topic	Skills	Learning Outcomes	No. of Period
Warming up	General and specific	Can recognize the importance of physical activity and its impact on wellness, including physical fitness, enjoyment, challenge, self expressions	
Athletics {Races different types}	50m.100m, relay, Endurance activities Aerobics		
Basketball/ Handball Minor Games	Basic skills, Holding, catching and Throwing, dribbling		
YOGA	Simple to complex Tadasna, Vrikshasana, Trikon asanas, Padamasana Badpadamasna Ushtraasana Bhujangasana	Learning readiness, and identify the benefits of Yoga and lifestyles.	

(Sept. to Dec)
PERIODIC TEST - III

Topic	Skills	Learning Outcomes	No. of Period
Warming up	General and specific	Can perform locomotor skills (walk, run, hopping and jump...)	
Fit India Week	Traditional Activities	at a beginning level	
Athletics	50m.100m, Relay Endurance activities Aerobics, tug of war	Improve demonstrate ability to change directions during a variety of physical activities	
Badminton/ Kho-Kho Minor Games	Basic skills, Holding of rackets, shuttle and service, Basic Skills, chasing running, pole turning	can show improvement in fitness testing	
YOGA	Asanan to improve flexibility		

(Dec. to March)
ANNUAL EXAMINATIONS

Topic	Skills	Learning Outcomes	No. of Period
Warming up	General and specific	Can demotrate basic move-ment or	
Athletics	SPEED, ENDUR-ANCE, JUMP, HOP, JUMP & SKIPPING 50M, 100M, 200M, RELAY	techniques used in stres-reduc-ing activities how improve-ment in approching.	
Badminton/ Kho-Kho Minor Games	Basic skills, Holding of racket, shuttle and ervice, Basic Skills, chasing running, pole turning covering	Can demon-strate respect for self and others in activi-ties and games by followig the rules, encourag-ing other, and	
YOGA	Simple to complex Tadana, Vrikhana, Trikon asanas, Padamasana Badpadamasna Ushtraasana Bhujangasana	playing in the spirit of the game or activity.	

Note : For remark and grade, students sports performance and temperament in various physical activitie and yoga will be considered.

PUNJABI

PERIODIC TEST 1 (APRIL – MAY)

Sr. No.	Topic	No. of periods	Learning outcomes
1.	Varanmala ਓ – ਵ	15	Students will be able to ਅੱਖਰਾਂ ਦੀ ਅਵਾਜ਼ ਪਹਿਚਾਣ ਕੇ ਬੋਲਣਾ ਤੇ ਲਿਖਣਾ ਅੱਖਰ ਦੇਖ ਕੇ ਤਸਵੀਰ ਬਣਾਉਣਾ ਅਤੇ ਰੰਗ ਭਰਨਾ ਤਸਵੀਰ ਦੇਖ ਕੇ ਅੱਖਰ ਨੂੰ ਪਹਿਚਾਨਣਾ ਅੱਖਰਾਂ ਦੀ ਸਹੀ ਤਰਤੀਬ ਜਾਣਨਾ ਤਸਵੀਰ ਦੇਖ ਕੇ ਅੱਖਰ ਨੂੰ ਪਹਿਚਾਨਣਾ ਅੱਖਰਾਂ ਦੀ ਤਰਤੀਬ ਵਿੱਚੋਂ ਅੱਲਗ ਅੱਖਰ ਪਹਿਚਾਨਣਾ ਤਸਵੀਰ ਨੂੰ ਦੇਖ ਕੇ ਦਿੱਤੇ ਹੋਏ ਅੱਖਰਾਂ ਵਿੱਚੋਂ ਸਹੀ ਅੱਖਰ ਪਹਿਚਾਨਣਾ ਅੱਖਰਾਂ ਦੀ ਧੁਨੀ ਨੂੰ ਪਹਿਚਾਣ ਕੇ ਅੱਖਰ ਸਮਝਣਾ ਤੇ ਲਿਖਣਾ ਵਰਨਮਾਲਾ ਦੀ ਤਰਤੀਬ ਅਨੁਸਾਰ ਅੱਖਰ ਦੇ ਅਗਲੇ, ਪਿਛਲੇ ਤੇ ਵਿਚਕਾਰਲੇ ਅੱਖਰ ਦੀ ਪਹਿਚਾਣ ਕਰਕੇ ਲਿਖਣਾ।
2.	Draw & Colour	2	
3.	Recognise the pictures	2	
4.	Fill in the blanks	4	
5.	Matching	1	
6.	Circle the odd one out	1	
7.	Circle the right letter for the given picture	2	
8.	Dictation	5	
9.	After/Before/ Between	2	

Oral : Poems : 1 ਅਰਦਾਸ, 2. ਆਏ ਬੱਦਲ

Reading of book : Pages 2, 3, 4

Distribution of Marks

Written : 20

Dictation : 05

Total : 25

First-24

PERIODIC TEST 2

(JULY – SEPTEMBER)

Note : Syllabus of P.T.1 will be included in P.T. 2

Sr. No.	Topic	No. of periods	Learning outcomes
1.	Varanmala ਓ – ਲ	20	Students will be able to ਅੱਖਰਾਂ ਦੀ ਅਵਾਜ਼ ਪਹਿਚਾਣ ਕੇ ਬੋਲਣਾ ਤੇ ਲਿਖਣਾ ਅੱਖਰ ਦੇਖ ਕੇ ਤਸਵੀਰ ਬਣਾਉਣਾ ਅਤੇ ਰੰਗ ਭਰਨਾ ਤਸਵੀਰ ਦੇਖ ਕੇ ਅੱਖਰ ਨੂੰ ਪਹਿਚਾਨਣਾ ਅੱਖਰਾਂ ਦੀ ਸਹੀ ਤਰਤੀਬ ਜਾਣਨਾ ਤਸਵੀਰ ਦੇਖ ਕੇ ਅੱਖਰ ਨੂੰ ਪਹਿਚਾਨਣਾ ਅੱਖਰਾਂ ਦੀ ਤਰਤੀਬ ਵਿੱਚੋਂ ਅੱਲਗ ਅੱਖਰ ਪਹਿਚਾਨਣਾ ਤਸਵੀਰ ਨੂੰ ਦੇਖ ਕੇ ਦਿੱਤੇ ਹੋਏ ਅੱਖਰਾਂ ਵਿੱਚੋਂ ਸਹੀ ਅੱਖਰ ਪਹਿਚਾਨਣਾ ਅੱਖਰਾਂ ਦੀ ਧੁਨੀ ਨੂੰ ਪਹਿਚਾਣ ਕੇ ਅੱਖਰ ਸਮਝਣਾ ਤੇ ਲਿਖਣਾ ਵਰਨਮਾਲਾ ਦੀ ਤਰਤੀਬ ਅਨੁਸਾਰ ਅੱਖਰ ਦੇ ਅਗਲੇ, ਪਿਛਲੇ ਤੇ ਵਿਚਕਾਰਲੇ ਅੱਖਰ ਦੀ ਪਹਿਚਾਣ ਕਰਕੇ ਲਿਖਣਾ।
2.	Draw & Colour	2	
3.	Recognise the pictures	2	
4.	Fill in the blanks	4	
5.	Matching	1	
6.	Circle the odd one out	1	
7.	Circle the right letter for the given picture	2	
8.	Dictation	5	
9.	After/Before/ Between	2	

Oral : Poems : 1. ਤੋਤਾ, 2. ਫਲ ਖਾਓ, 3. ਜੀ ਕਹੋ

Reading of book : Pages 2 – 10

Conversation : (ਵਾਰਤਾਲਾਪ) **General Questions**

Distribution of Marks

Oral : 10

Written : 20

Dictation : 05

Total : 50

First-25

**PERIODIC TEST 3
(SEPTEMBER – DECEMBER)**

Note : Syllabus of P.T.1, 2 will be included in P.T. 3

Sr. No.	Topic	No. of periods	Learning outcomes
1.	Varanmala ੳ – ਲੁ	2	Students will be able to ਅੱਖਰਾਂ ਦੀ ਅਵਾਜ਼ ਪਹਿਚਾਣ ਕੇ ਬੋਲਣਾ ਤੇ ਲਿਖਣਾ ਦੋ ਅੱਖਰ ਤੇ ਤਿੰਨ ਅੱਖਰਾਂ ਦੇ ਜੋੜ ਤੋਂ ਸ਼ਬਦ ਤੇ ਵਾਕ ਬਣਾਉਣਾ
2.	2, 3 Mukta (Words & sentences)	10	
3.	Draw & Colour	2	
4.	Recognise the pictures	2	ਸ਼ਬਦ ਦੇਖ ਕੇ ਤਸਵੀਰ ਬਣਾਉਣਾ ਅਤੇ ਰੰਗ ਭਰਨਾ
5.	Fill in the blanks	4	ਤਸਵੀਰ ਦੇਖ ਕੇ ਸ਼ਬਦ ਨੂੰ ਪਹਿਚਾਨਣਾ
6.	Matching	1	ਸਹੀ ਅੱਖਰ ਜਾਂ ਸਹੀ ਸ਼ਬਦ ਦੀ ਵਰਤੋਂ ਕਰਕੇ ਸਹੀ ਸ਼ਬਦ ਜਾਂ ਸਹੀ ਵਾਕ ਬਣਾਉਣਾ
7.	Circle the right word	1	ਤਸਵੀਰ ਦੇਖ ਕੇ ਸ਼ਬਦ ਨੂੰ ਪਹਿਚਾਨਣਾ ਸ਼ਬਦਾਂ ਵਿੱਚੋਂ ਸਹੀ ਸ਼ਬਦ ਪਹਿਚਾਨਣਾ
8.	Make the right word	2	ਅੱਖਰਾਂ ਦੀ ਮਦਦ ਨਾਲ ਸਾਰਥਕ ਸ਼ਬਦ ਬਣਾਉਣਾ
9.	Write in correct order	5	ਸ਼ਬਦਾਂ ਨੂੰ ਤਰਤੀਬਵਾਰ ਕਰਕੇ ਸਹੀ ਵਾਕ ਬਣਾਉਣਾ
10.	Write any five (2, 3, Mukta words)	2	ਆਪਣੀ ਸਮਝ ਅਨੁਸਾਰ ਕੋਈ ਵੀ ਦੋ ਜਾਂ ਤਿੰਨ ਮੁਕਤਾ ਵਾਲੇ ਸ਼ਬਦ ਲਿਖਣਾ।
11.	Dictation	5	ਅੱਖਰਾਂ ਦੀਆਂ ਧੁਨੀਆਂ ਨੂੰ ਪਹਿਚਾਣ ਕੇ ਸ਼ਬਦ ਤੇ ਵਾਕ ਲਿਖਣਾ

Oral : Poems : 1. ਚਾਬੀ ਵਾਲੀ ਕਾਰ 2. ਚੀਜ਼ੀ ਵਾਲੇ ਅੰਕਲ 3. ਮੋਰੀ ਘੜੀ

Reading of book : Pages 2 – 22

Distribution of Marks

Written : 20

Dictation : 05

Total : 25

First-26

**ANNUAL EXAMINATION
(DECEMBER – MARCH)**

Note : Syllabus of P.T.1, 2, 3 will be included in Annual Examination

Sr. No.	Topic	No. of periods	Learning outcomes
1.	Varanmala ੳ – ਲੁ	2	Students will be able to ਅੱਖਰਾਂ ਦੀ ਅਵਾਜ਼ ਪਹਿਚਾਣ ਕੇ ਬੋਲਣਾ ਤੇ ਲਿਖਣਾ ਦੋ ਅੱਖਰ ਤੇ ਤਿੰਨ ਅੱਖਰਾਂ ਤੇ ਚਾਰ ਅੱਖਰਾਂ ਦੇ ਜੋੜ ਕੇ ਸ਼ਬਦ ਤੇ ਵਾਕ ਬਣਾਉਣਾ
2.	2, 3, 4 Mukta (Words & sentences)	10	
3.	Draw & Colour	2	
4.	Recognise the pictures	2	ਸ਼ਬਦ ਦੇਖ ਕੇ ਤਸਵੀਰ ਬਣਾਉਣਾ ਅਤੇ ਰੰਗ ਭਰਨਾ
5.	Fill in the blanks	4	ਤਸਵੀਰ ਦੇਖ ਕੇ ਸ਼ਬਦ ਨੂੰ ਪਹਿਚਾਨਣਾ
6.	Matching	1	ਸਹੀ ਅੱਖਰ ਜਾਂ ਸਹੀ ਸ਼ਬਦ ਦੀ ਵਰਤੋਂ ਕਰਕੇ ਸਹੀ ਸ਼ਬਦ ਜਾਂ ਸਹੀ ਵਾਕ ਬਣਾਉਣਾ
7.	Circle the right word	1	ਤਸਵੀਰ ਦੇਖ ਕੇ ਸ਼ਬਦ ਨੂੰ ਪਹਿਚਾਨਣਾ ਸ਼ਬਦਾਂ ਵਿੱਚੋਂ ਸਹੀ ਸ਼ਬਦ ਪਹਿਚਾਨਣਾ
8.	Make the right word	2	ਅੱਖਰਾਂ ਦੀ ਮਦਦ ਨਾਲ ਸਾਰਥਕ ਸ਼ਬਦ ਬਣਾਉਣਾ
9.	Write in correct order	5	ਸ਼ਬਦਾਂ ਨੂੰ ਤਰਤੀਬਵਾਰ ਕਰਕੇ ਸਹੀ ਵਾਕ ਬਣਾਉਣਾ
10.	Write any five (2, 2, 3, 4 Mukta words)	2	ਆਪਣੀ ਸਮਝ ਅਨੁਸਾਰ ਕੋਈ ਵੀ ਦੋ ਤਿੰਨ ਜਾਂ ਚਾਰ ਮੁਕਤਾ ਵਾਲੇ ਸ਼ਬਦ ਲਿਖਣਾ।
11.	Dictation	5	ਅੱਖਰਾਂ ਦੀਆਂ ਧੁਨੀਆਂ ਨੂੰ ਪਹਿਚਾਣ ਕੇ ਸ਼ਬਦ ਤੇ ਵਾਕ ਲਿਖਣਾ

Oral : Poems : 1. ਮਾਂ, 2. ਮੇਰੀ ਪਤੰਗ

Reading of book : Pages 2 – 31

Conversation (ਵਾਰਤਾਲਾਪ) : General Questions

Distribution of Marks

Oral : 10

Written : 30

Dictation : 10

Total : 50

First-27

ਅਰਦਾਸ

ਹੇ ਦਾਤਾ, ਹੇ ਕ੍ਰਿਪਾ ਨਿਧਾਨ।
ਸਾਨੂੰ ਦਿਓ ਵਿੱਦਿਆ ਦਾ ਦਾਨ।
ਅਸੀਂ ਬੱਚੇ ਹਾਂ ਤੇਰੇ ਪਿਆਰੇ।
ਮਿਲ-ਜੁਲ ਕੇ ਅਸੀਂ ਰਹੀਏ ਸਾਰੇ।

ਆਏ ਬੱਦਲ

ਆਏ ਬੱਦਲ, ਆਏ ਬੱਦਲ।
ਅਸਮਾਨ ਵਿੱਚ ਛਾਏ ਬੱਦਲ।
ਹੁਣ ਇਹ ਮੀਂਹ ਵਰਸਾਵਣਗੇ।
ਸਭ ਨੂੰ ਖੁਸ਼ ਕਰ ਜਾਵਣਗੇ।
ਮੀਂਹ ਦੇ ਵਿੱਚ ਨਹਾਵਾਗੇ।
ਮੌਜਾਂ ਖੂਬ ਮਨਾਵਾਗੇ।

ਤੋਤਾ

ਤੋਤਾ ਮੇਰਾ ਬੜਾ ਸਿਆਣਾ।
ਭਾਵੇਂ ਹੈ ਇਹ ਅਜੇ ਨਿਆਣਾ।
ਮਾਰ ਉਡਾਰੀ ਜਾਵੇ ਨੱਸ।
ਫਿਰ ਨਾ ਆਵੇ ਮੇਰੇ ਵੱਸ।
ਖਾਵੇ ਚੂਰੀ ਗਾਵੇ ਗਾਣਾ।
ਤੋਤਾ ਮੇਰਾ ਬੜਾ ਸਿਆਣਾ।

ਫਲ ਖਾਓ

ਫਲ ਖਾਓ ਬਈ, ਸਾਰੇ ਫਲ ਖਾਓ।
ਤੰਦਰੁਸਤੀ ਨੂੰ ਜੇ ਹੈ ਅਪਨਾਉਣਾ।
ਫਲ ਖਾਓ ਬਈ, ਸਾਰੇ ਫਲ ਖਾਓ।
ਲਾਲ-ਲਾਲ ਜੇ ਚਿਹਰਾ ਬਣਾਉਣਾ।
ਫਲ ਖਾਓ ਬਈ, ਸਾਰੇ ਫਲ ਖਾਓ।

ਜੀ ਕਹੋ

ਜੀ ਕਹੋ ਤੇ ਜੀ ਕਹਾਓ।
ਸਭ ਦਾ ਆਦਰ ਮਾਣ ਵਧਾਓ।
ਕੋੜੇ ਬੋਲ ਨੇ ਪਿਆਰ ਘਟਾਂਦੇ।
ਮਿੱਠੇ ਬੋਲ ਨੇ ਪ੍ਰੀਤ ਵਧਾਂਦੇ।
ਇਹ ਗੁਣ ਸਾਰੇ ਹੀ ਅਪਣਾਓ।
ਜੀ ਕਹੋ ਤੇ ਜੀ ਕਹਾਓ।

ਚਾਬੀ ਵਾਲੀ ਕਾਰ

ਮੇਰੀ ਚਾਬੀ ਵਾਲੀ ਕਾਰ।
ਮੇਰੇ ਕਮਰੇ ਦਾ ਸ਼ਿੰਗਾਰ।

ਚਾਬੀ ਭਰਾਂ ਤਾਂ ਘੁੰਮਦੀ ਜਾਵੇ।
ਗੋੜੇ ਉੱਤੇ ਗੋੜਾ ਲਾਵੇ।
ਸਾਡਾ ਸਭ ਦਾ ਮਨ ਪਰਚਾਵੇ।

ਚੀਜ਼ੀ ਵਾਲੇ ਅੰਕਲ

ਚੀਜ਼ੀ ਵਾਲੇ ਅੰਕਲ ਆਏ।
ਖਾਣ ਵਾਲੀਆਂ ਚੀਜ਼ਾਂ ਲਿਆਏ।
ਚਿਪਸ, ਟਾਫੀਆਂ ਤੇ ਚਾਕਲੇਟ।
ਭਰ ਕੇ ਰੱਖੀ ਵੱਡੀ ਪਲੇਟ।
ਪੈਸੇ ਲੈ ਕੇ ਬੱਚੇ ਆਉਂਦੇ।
ਮਨਪਸੰਦ ਚੀਜ਼ ਲੈ ਜਾਂਦੇ।
ਮੈਂ ਖਰੀਦਿਆਂ ਇੱਕ ਮਿੱਠਾ ਬੰਦ।
ਇਹ ਹੈ ਮੈਨੂੰ ਬਹੁਤ ਪਸੰਦ।

ਮੇਰੀ ਘੜੀ

ਟਿਕ-ਟਿਕ ਕਰਦੀ ਮੇਰੀ ਘੜੀ।
ਸਦਾ ਰਹੇ ਚੱਲਦੀ ਮੇਰੀ ਘੜੀ।
ਸਮੇਂ ਸਿਰ ਹਰ ਕੰਮ ਕਰਨ ਦਾ।
ਸੁਨੇਹਾ ਜਾਵੇ ਘੱਲਦੀ ਮੇਰੀ ਘੜੀ।
ਮੇਰੀ ਘੜੀ ਸਭ ਨੂੰ ਸਮਝਾਵੇ।
ਉਹ ਪਛਤਾਵੇ ਜੋ ਸਮਾਂ ਗਵਾਵੇ।

ਮਾਂ

ਮੇਰੀ ਪਿਆਰੀ ਪਿਆਰੀ ਮਾਂ।
ਪਿਆਰ ਤੇਰੇ ਦੀ ਠੰਢੀ ਛਾਂ।
ਮੈਨੂੰ ਗੋਦੀ ਚੁੱਕ ਖਿਡਾਵੇ।
ਹਰ ਵੇਲੇ ਹੀ ਲਾਡ ਲਡਾਵੇ।
ਭੁੱਖ ਲੱਗੇ ਤਾਂ ਦੁੱਧ ਪਿਆਵੇ।
ਲੋਰੀਆਂ ਦੇ ਕੇ ਖੂਬ ਸੁਆਵੇ।
ਕਦੇ ਨਾ ਲੱਗਣ ਦੇਵੇ ਦੁੱਖ।
ਮਾਂ ਦੀ ਗੋਦ ਸਵਰਗ ਦਾ ਸੁੱਖ।

ਮੇਰੀ ਪਤੰਗ

ਕਿੰਨੀ ਸੋਹਣੀ ਮੇਰੀ ਪਤੰਗ।
ਪੀਲਾ-ਪੀਲਾ ਹੈ ਇਸ ਦਾ ਰੰਗ।
ਵਿੱਚ ਅਸਮਾਨੀ ਉੱਡਦੀ ਜਾਵੇ।
ਦੂਜਿਆਂ ਦੇ ਨਾਲ ਪੈਚਾ ਪਾਵੇ।
ਜਦ ਕੋਈ ਪਤੰਗ ਕੱਟੀ ਜਾਵੇ।
ਹਰ ਕੋਈ ਉੱਚੀ ਰੋਲਾ ਪਾਵੇ।

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