Class—5th Books Recommended

Sr.	Subject	Name of book	Publishers
no.			
1.	English	-Marigold Book - 5	NCERT
		-Elementary Eng. Grammar	Goyal Brothers
		and composition -5	Prakashan
		-Comprehension and more-5	Ratna Sagar
	Extended I	Reading	
		Black Beauty	V. Connect
2.	Maths	Candid Interactive Maths-5	Evergreen Publications
3.	Science	Science in Depth-5	Prachi (India) Pvt. Ltd.
4.	Social	New Trends in Social	Evergreen Publications
	Science	Studies - 5	
5.	Hindi	उमंग हिन्दी पाठमाला भाग-4	Penisula India
6.	Punjabi	ਗਿਆਨ ਰਿਸ਼ਮਾਂ ਪੰਜਾਬੀ ਪਾਠ ਪੁਸਤਕ	ਸਵੈਨ ਪਬਲਿਸ਼ਰਜ਼
		ਭਾਗ-5	
		ਨਿਊ ਵੇ ਪੰਜਾਬੀ ਵਿਆਕਰਨ ਅਤੇ	ਗੁਰੂਕੁਲ ਪਬਲਿਸ਼ਨਜ਼
		ਰਚਨਾਵਲੀ ਭਾਗ−5	
7.	G.K.	Fact Finder a book of G.K5	Smart Books, Smart Publications
8.	Computer	Pruquest Computers - 5	Pruquest Learning
9.	Art	Master Stroke-5	Prachi (India) Pvt. Ltd.
10.	Music		
11.	Dance		
12.	Tabla		
13.	Physical		
	Education		

ENGLISH

Note : 1. Knowledge of grammar topics and writing skill done in previous classes is must.

2. Grammar topics will be carried forward throughout the year.

PERIODIC TEST - 1 (April - May)

Reader:

L-1. Wonderful Waste!

L-2. Flying Together

Poem: Ice-cream Man

Team Work

Comprehension :

L-1. A Walk in Disneyland

L-2. The Weaver Poet

L-3. The One-Horned Rhino

Note: Unseen comprehension will be given in the exams.

Grammar:

L-1. The Sentence

L-2. Kinds of Sentences

L-4. The Noun: Kinds of Nouns

L-8. The Pronoun: Kinds of Pronouns

L-11 Number

L-12. Gender

L-28. Vocabulary (1-10)

Writing Skill : Paragraph Writing (Concept of Present Tense in about 100-125 words) e.g. : How do you Celebrate your Birthday?

Application/Letter:

1. Suppose you are Rohit/Lina, a student of St. Mary's Convent School, Gaziabad. Write an application to your Principal for remission of special fine imposed on you for misbehaviour in the class.

Extended Reading: Story 1

Activities:

- 1. Name some of the things which are thrown away at home or school and discuss the interesting ways in which they can be made useful (Group of 4 students)
- 2. Interview your partner and ask the question like his/her hobby, favourite place, favourite food, favourite game, favourite colour,

his likes/dislikes & his routine.

Distribution of Marks

Reading Skill	10
Writing Skill	10
Grammar	15
Literature	15
Total	50

PERIODIC TEST - 2 (Half Yearly)

(July - September)

Note: Syllabus of P.T. - 1 will be included in P.T. - 2

Reader:

S. No. Name of Chapter

L-3. Robinson Crusoe Discovers a Footprint

L-4. My Elder Brother

L-5. Rip Van Winkle

Poem:

3. My Shadow

4. Crying

The Lazy Frog

Comprehension:

L-6. Surya's Magic Pot

L-7. Michael Phelps

L-8. Knowing Gurudev

Grammar:

L-5. The Verb: Kinds

L-6. The Adjectives: Kinds of Adjectives

L-16. Adjectives: (Degrees of Comparison)

L-14. Noun: Possessive Case

L-15. Personal Pronoun: Number, Gender and case

L-18. Tenses

L-19. Strong and Weak Verbs

L-20. Active and Passive Voice

L-28. Vocabulary (11-20)

Writing Skill:

1. Paragraph Writing (Concept of Past and Present Tense in about 100-125 words) e.g.: How did you Celebrate your Birthday?

(5th-3)

(5th-2)

- 2. Bio-sketch (with hints) in about 50-60 words.
- Suppose you are Diksha/Deepak, a student of DAV Public School, Patiala. Write an application to the Principal of your school complaining about broken/damaged furniture of your class.
- 4. Suppose you are Rukshita residing at 141, Mayur Vihar, Delhi. Write a letter to your brother advising him to leave bad company.

Extended Reading: 1 to 4 stories

Activities:

- 1. Which are the things that make you happy ? In what ways do you show your happiness ?
- 2. If you were alone at home and suddenly someone, knocked at your door, what would you do?

Distribution of Marks

Reading Skill	20
Literature	25
Grammar	30
Writing Skill	25
Total	100

PERIODIC TEST - 3

(September - December)

Note: Grammar topics of P.T.-1 and P.T.-2 will be included.

Reader:

S	NΛ	. N	lan	10	of (Ch	าลท	ter
U .			u		v.	•	ıαp	C

- L-6. The Talkative Barber
- L-7. Gulliver's Travels
- L-8. The Little Bully

Poem:

- 6. Class Discussion
- 7. Topsy-Turvy Land
- 8. Nobody's Friend

Comprehension:

- L-11. Sindbad and the valley of diamonds
- L-12 The magic fruit
- L-13. Angus and his friends

Unseen Comprehension will be given in the exams.

(5th-4)

Grammar:

L-7. The Adverbs: Kinds of Adverbs

L-9. The Prepositions

L-10. The Conjunctions

L-17. Use of Articles

L-28. Vocabulary (21-30)

Writing Skill:

1. Paragraph writing (on any topic) (e.g. Visits, Scenes, Places) (in about 100-125 words)

2. Bio-sketch (with hints) in about 50-60 words.

3. Write a Letter of Condolence to a friend who has lost his mother. You are Shikha living at 368, Sector 20-D, Chandigarh.

Extended Reading: Story 5, 6

Activities:

- 1. Read a short story of your choice and discuss in the class. (Group of 4).
- 2. Describe the picture given on Pg. 146 (Reader).

Distribution of Marks

Reading Skill	10
Writing Skill	10
Grammar	15
Literature	15
Total	50

ANNUAL EXAMINATION

(December - March)

Note: Syllabus of only P.T. - 3, grammar topics of P.T.-1 and P.T.-2 will be included.

Reader:

S. No. Name of Chapter

L-9. Around the world

L-10. Who will be Ningthou?

Poem:

- 9. Sing a song of people
- 10. Malu Bhalu

(5th-5)

Comprehension:

L-16. Man Learns to Write

L-17. How Far to The River?

L-18 Night

Unseen Comprehension will be given in the exams.

Grammar:

L-13. Direct and Indirect Objects

L-21. Agreement of Verb with the Subject

L-22. Direct and Indirect Speech

L-23. Punctuation and Uses of Capital Letters

L-28. Vocabulary (31-40)

Writing Skill:

1. Paragraph writing (on any topic) (in about 100-125 words)

2. Bio-sketch (with hints) in about 50-60 words.

3. Suppose you are Sachin, a student of St. Francis School, Amritsar. Write an application to the Principal complaining about the poor quality of food being supplied in the hostel of your school.

4. You are Eklavya/Ekta, residing at 344, Pitampura, Ludhiana. Write a letter to your friend inviting him/her to attend your sister's marriage.

5. Diary Entry in about 80-90 words.

Activities:

1. Introduce yourself in the class e.g. (your name, age, likes/dislikes, hobby, family, place your live in, physical features of that place, habits etc.)

2. Express your feelings on the given incident (Incident will be given on the spot.)

Extended Reading: 5 to 8 stories

Distribution of Marks

Reading Skill	20
Literature	25
Grammar	30
Writing Skill	25
Total	100



PERIODIC TEST - 1 (April - May)

1. Large Numbers

2. Operations on Numbers

3. H.C.F. and L.C.M. (excluding exercise 3.7)

4. Constructions of angles (30°, 60°, 90°, 45°, 75°)

Activities:

1. To find L.C.M. of two given numbers by activity.

2. To find H.C.F. of two given numbers by activity.

3. To find the bisector of an angle by activity.

4. To draw and define different types of angles with colour pen.

Oral:

Tables 0 - 20 (×10), Table Dodging, General Questions, Definitions

Distribution of Marks

Total: 50 (45 + 05 Mental Ability)

PERIODIC TEST - 2 (Half Yearly) (July - September)

Note: P.T. - 2 (Half yearly) (July-Sept.) Syllabus of P.T. - 1 will be included in P.T. - 2

1. Fractional Numbers

2. Decimals Fractions

3. Simplification of numerical expressions

4. The Metric System

Activities:

- 1. To compare fractions like $\frac{1}{2}, \frac{1}{4}$ and by activity.
- 2. To find addition of decimals by activity.
- 3. To convert fraction into decimals like and by actgivity.

Oral:

Tables 0 - 20 (×10), Table Dodging, Definitions, General Questions

Distribution of Marks

Written 90 (80 + 10 Mental Ability)

Oral 10 Total 100

PERIODIC TEST - 3

(September - December)

- 1. Profit and Loss
- 2. Basic Geometrical concepts
- 3. Area
- 4. Volume
- 5. Number Pattern

Activities:

- 1. To measure length and breadth of floor of room and to find its area.
- 2. To make cone, cube and cylinder using thick chart paper by drawing their nets.
 - 3. To draw triangular and square pattern for first 3 numbers.

Oral:

Tables 0 - 20 (×10), Table Dodging, Definitions, General Questions

Distribution of Marks

Written 50 (45 + 05 Mental Ability)

ANNUAL EXAMINATION

(December - March)

Note: Syllabus of P.T. - 1, P.T. - 2 and P.T. - 3 will be included (excluding number pattern)

- Average
- 2. Percentage
- 3. Simple Interest
- 4. Algebra
- 5. Construction of Angles (105°, 135°, 120°, 150°, 180°)
- 6. Symmetry

Activities:

- 1. To calculate the average height of any 5 students of your class.
- To explore symmetry by paper cutting/folding method.
- 3. To explore shapes and find which of them book the same only after one complete rotation.
- 4. To draw pictograph and bar graph of marks obtained by a student in 6 subjects.
- 5. To find the percentage of girl students in your class.

Oral:

1 1

 $\frac{-}{4}, \frac{-}{2}$

Tables 0 - 20 (×10), Table Dodging, Definitions, General Questions

Distribution of Marks

Written 90 (80 + 10 Mental Ability)

Oral 10 Total 100



PERIODIC TEST - 1

(April - May)

Chapter	Name
Ch-1	Plant Reproduction
Ch-2	Animal World
Ch-7	Safety and First Aid
EVE : 1.	Things around us

Activities:

- 1. To study the different stages of germination.
- 2. To study monocot and dicot plants.
- 3. Collect pictures of (i) Rodents (ii) Insects (iii) Reptiles and (iv) Mammals. Paste them in your activity book.

Total Marks = 50

PERIODIC TEST - 2 (Half Yearly)

(July - September)

Note: Syllabus of P.T. - 1 will be included in P.T. - 2

Chapter	Name
Ch-3	Bones and Muscles
Ch-4	Nervous System
Ch-8	Air Around Us
Ch-9	Minerals, Rocks and Fossils

EVE:

- 2. Environment and Child's need
- 3. Functions and Festivals

(5th-10)

Activities:

- 1. To study the human skeleton.
- To observe the reflex action.
- 3. To prove that air exerts pressure.

Total Marks = 100

PERIODIC TEST - 3

(September - December)

Note: Chapter-4 and Chapter-8 of P.T.-2 will be included in P.T.-3.

Chapter	Name		
Ch-5	Food and Health		
Ch-10	Soil Erosion and Conservation		
Ch-11	Simple Machines		
EVE: 1.	Water cycle in Nature		

Activities:

- To collect the nutrition label of any packaged food item to study the information given on it about the nutrients and the percentage in which these nutrients are found.
- 2. To see the process of soil erosion.
- 3. To study some simple machines.

Total Marks = 50

ANNUAL EXAMINATION

(December - March)

Note: Chapter-4 and Chapter-8 of P.T. - 2 and full syllabus of P.T.-3 will be included in Annual Examination.

(5th-11)

Chapter	Name
Ch-6	Health and Diseases
Ch-12	The Moon and Eclipses
Ch-13	Natural Calamities

EVE:

- 2. Clothing
- 3. Building Materials

Activities:

- 1. Get a vaccination chart and with the help of your parents, note down the vaccines you have taken and at what age.
- 2. To see how eclipse is caused.
- 3. To study different phases of the moon.

Total Marks = 100

SOCIAL SCIENCE

PERIODIC TEST - 1

(April - May)

Ch. No. Name

- L-1. Maps and Globes
- L-2. Latitudes and Longitudes
- L-8. The Prairies—The Treeless Grasslands
- L-15. Great Indians

Activities:

- 1. Diagram: Different conventional symbols.
- 2. Diagram: Important lines of Latitudes.
- 3. Map: Major grasslands of the world.

Total Marks = 50

PERIODIC TEST - 2 (Half Yearly)

(July - September)

Note: Syllabus of P.T. - 1 will be included in P.T. - 2

Ch. No. Name

- L-3. Weather and Climate
- L-5. Democratic Republic of Congo—The Equatorial Region
- L-11. Natural Disasters
- L-13. Inventions and Discoveries
- L-16. British Rule and Revolt of 1857

Activities:

- 1. Diagram: Climatic Zones of the world.
- 2. Map: Centres of Revolt of 1857.

Total Marks = 100

(5th-13)

PERIODIC TEST - 3

(September - December)

Note: Map work of P.T.-1 and P.T.-2 will be included in P.T.-3.

Ch. No. Name

L-6. Greenland—The Island in The Arctic Zone

L-10. Polloution

L-17. Towards Independent India

L-20. United Nations

Activities:

1. Map: Permanent member countries of UN Security Council.

2. Diagram: Symbols of the UN agencies.

Total Marks = 50

ANNUAL EXAMINATION

(December - March)

Note: (1) Syllabus of P.T. - 3 will be included in Annual Examination.

(2) Map work of P.T.-1, P.T.-2 and P.T.-3 will be included in Annual Examination.

(3) Ch-3 (Weather and Climate) and Ch-15 (Great Indians) of P.T.-2 will be included in Annual Examination.

Ch. No. Name

L-7. Saudi Arabia—The Hot Desert

L-9. Keeping The Environment Clean

L-14. Towards Healthy Living

L-18. India Wins Freedom

L-19. Governing Ourselves

Activity:

Map : Major deserts in the world

Total Marks = 100

HINDI

PERIODIC TEST - 1

(April - May)

पाठ-1 हम बालक हैं वीर देश के (कविता)

पाठ-3 वक्त के पाबंद गांधी जी

पाठ-4 अपना हाथ जगन्नाथ

व्याकरण: भाषा (परिभाषा तथा रूप), लिपि, लिंग बदलो (10), वचन बदलो (10),

विलोम शब्द (10), पर्यायवाची शब्द (10), गिनती (51-60), वाक्यांश (10),

श्रुतलेख

निबन्ध: मेरी प्रिय अध्यापिका

पत्र: प्रधानाचार्य को प्रार्थना पत्र जैसे-

छुट्टी लेने के लिए, चरित्र प्रमाण पत्र लेने के लिए

Distribution of Marks

लिखित: 45 श्रुतलेख: 05 कुल अंक: 50

PERIODIC TEST - 2 (Half Yearly)

(July - September)

Note: Syllabus of P.T. - 1 will be included in P.T. - 2

पाठ-6 एक बुँद (कविता)

पाठ-7 साधु का तोता

पाठ-8 भास्कराचार्य

पाठ-9 नेत्रों की सुरक्षा

व्याकरण: लिंग बदलो (10), वचन बदलो (10), विलोम शब्द (10), पर्यायवाची शब्द

(10), गिनती (61-70), वाक्यांश (10), शुद्ध करो (10) संज्ञा की परिभाषा

तथा भेद, श्रुतलेख

निबन्ध: रंगों का त्योहार-होली

पत्र: प्रधानाचार्य को पत्र जैसे -

फीस माफ़ी के लिए, सैक्शन बदलने के लिए

(5th-15)

अनुमान और कल्पना : किसी घटना, दृश्य या अनुभव का वर्णन।

मौखिक: कविताएँ: हम बालक हैं वीर देश के, एक बूँद

कहानी: समझदार कबूतर

वार्तालाप: दैनिक जीवन की गतिविधियों से संबंधित

पठन: पाठों को पढ़ना

Distribution of Marks

लिखित: 80 श्रुतलेख: 10 मौखिक: 10

कुल अंक: 100

PERIODIC TEST - 3

(September - December)

Note: Grammar topics of P.T.-1 and P.T.-2 will be included in P.T.-3.

पाठ-10 चन्द्रशेखर आजाद

पाठ-11 बीज और पौधा (कविता)

पाठ-13 जैसे को तेसा

पाठ-14 नारियल का प्रदेश

व्याकरण: लिंग बदलो (10), वचन बदलो (10), विलोम शब्द (10), पर्यायवाची शब्द

(10), वाक्यांश (10), गिनती (71-80), शुद्ध करो (10), श्रुतलेख,

विराम चिह्न

निबन्ध: मेरा देश महान

पत्र: निमन्त्रण पत्र जैसे-

अपने जन्मदिवस पर बुलाने के लिए,

अपने भाई/बहन की शादी पर

Distribution of Marks

लिखित: 45

श्रुतलेख: 05

कुल अंक: 50

(5th-16)

ANNUAL EXAMINATION

(December - March)

Note: Syllabus of P.T. - 3 and Grammar topics of P.T. - 1 & 2 will be included in Annual Examination.

पाठ-15 खेलना ज़रूरी है

पाठ-16 खुशबू का मोल

पाठ-18 चेतक की वीरता (कविता)

व्याकरण: लिंग बदलो (10), वचन बदलो (10), विलोम शब्द (10), पर्यायवाची शब्द

(10), वाक्यांश (10), गिनती (81-100), शुद्ध करो (10), सर्वनाम तथा

भेद, श्रुतलेख।

निबन्ध: पुस्तकालय

पत्र: सगे-संबंधियों को धन्यवाद तथा बधाई पत्र जैसे-

उपहार प्राप्त होने पर, बधाई पत्र आदि

अनुमान और कल्पना : किसी घटना, दृश्य या अनुभव का वर्णन।

मौखिक :

कविताएँ: चेतक की वीरता, बीज और पौधा

कहानी: बलवान कौन? पठन: पाठों को पढना

वार्तालाप: दैनिक जीवन की गतिविधियों से संबंधित

Distribution of Marks

लिखित: 80 श्रुतलेख: 10 मौखिक: 10 कुल अंक: 100

(5th-17)

PUNJABI

PERIODIC TEST - 1

(April - May)

ਪਾਠ-ਪੁਸਤਕ

ਪਾਠ-1 ਪ੍ਰਾਰਥਨਾ (ਕਵਿਤਾ)

ਪਾਠ-2 ਮਿਹਨਤ ਦੀ ਕਮਾਈ

ਪਾਠ-6 ਲੋਹੜੀ ਤੇ ਮਾਘੀ

ਲੇਖ — ਵਿਸਾਖੀ ਦਾ ਮੇਲਾ

ਪੱਤਰ— ਪ੍ਰਿੰਸੀਪਲ ਨੂੰ ਪੱਤਰ।

ਵਿਆਕਰਨ— ਲਿੰਗ ਬਦਲੋਂ 1-25 ਵਚਨ ਬਦਲੋਂ 1-25

ਵਿਰੋਧੀ ਸ਼ਬਦ 1-20 ਸ਼ੁੱਧ ਕਰੋ (ਬਿਹਾਰੀ ਤੇ ਸਿਹਾਰੀ ਦੀ ਵਰਤੋ)

ਗਿਣਤੀ 61 ਤੋਂ 70 ਤੱਕ

ਬੋਲ ਲਿਖਤ ਪਾਠ 2,6

ਕਵਿਤਾ— ਪ੍ਰਾਰਥਨਾ

ਕਹਾਣੀ— ਝੂਠਾ ਆਜੜੀ

Distribution of Marks

Dictation 05 Written 45 Total 50

PERIODIC TEST - 2 (Half Yearly)

(July - September)

Note: Syllabus of P.T. - 1 will be included in P.T. - 2

ਪਾਠ-ਪੁਸਤਕ

ਪਾਠ-4 ਮਾਂ ਬੋਲੀ ਪੰਜਾਬੀ (ਕਵਿਤਾ)

ਪਾਠ-7 ਖ਼ਾਲੀ ਡੱਬੇ ਦਾ ਸਬਕ

ਪਾਠ-9 ਸਾਫ਼-ਸਫ਼ਾਈ

ਪਾਠ−19 ਭਗਤ ਪੂਰਨ ਸਿੰਘ ਪਿੰਗਲਵਾੜਾ

ਲੇਖ— 1. ਦੀਵਾਲੀ, 2. ਵਿਗਿਆਨ ਦੇ ਚਮਤਕਾਰ

ਪੱਤਰ— ਨਿੱਜੀ ਪੱਤਰ (ਮਾਤਾ, ਪਿਤਾ, ਭਰਾ, ਭੈਣ)

(5th-18)

ਵਿਆਕਰਨ— ਲਿੰਗ ਬਦਲੋਂ 26–50 ਵਚਨ ਬਦਲੋਂ 26–50

ਵਿਰੋਧੀ ਸ਼ਬਦ 21-50 ਸ਼ੁੱਧ ਕਰੋ (ਹੋੜਾ ਤੇ ਕਨੌੜਾ ਦੀ ਵਰਤੋ ਵਾਲੇ)

ਗਿਣਤੀ 71 ਤੋਂ 80 ਤੱਕ ਮੁਹਾਵਰੇ 1–15 ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇਕ ਸ਼ਬਦ 1–15 ਪੜਨਾਂਵ ਦਾ ਪ੍ਰਸ਼ਨ

ਮੌਖਿਕ - ਕਵਿਤਾ - ਪ੍ਰਾਰਥਨਾ, ਮਾਂ–ਬੋਲੀ ਪੰਜਾਬੀ

ਕਹਾਣੀ - ਝੂਠਾ ਆਜੜੀ

ਵਾਰਤਾਲਾਪ— ਵਿਦਿਆਰਥੀ ਨੂੰ ਕਿਸੇ ਅਚਾਨਕ ਵਾਪਰੀ ਘਟਨਾ/ਦ੍ਰਿਸ਼ ਬਾਰੇ ਪੁੱਛਿਆ ਜਾਵੇਗਾ।

ਬੋਲ ਲਿਖ ਪਾਠ 2, 6, 7, 9, 19

Distribution of Marks

Oral 20
Written & Dictation 80
Total 100

PERIODIC TEST - 3

(September - December)

Note: Grammar topics of P.T.-1 and P.T.-2 will be included in P.T.-3.

ਪਾਠ−11 ਇੱਕ ਪਿਆਲਾ ਪਾਣੀ ਦਾ

ਪਾਠ-13 ਦੋਸਤ ਬੀਜ

ਪਾਠ−14 ਛੱਬੀ ਜਨਵਰੀ ਦੀ ਪਰੇਡ ਲੇਖ— ਸ੍ਰੀ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ ਪੱਤਰ— ਮਿੱਤਰ/ਸਹੇਲੀ ਨੂੰ ਪੱਤਰ।

ਵਿਆਕਰਣ— ਲਿੰਗ ਤੇ ਵਚਨ (ਵਾਕਾਂ ਵਿਚ) ਗਿਣਤੀ 81 ਤੋਂ 90 ਤੱਕ

ਸ਼ੁੱਧ ਕਰੋ (ਨੰ. 2 ਦੇ ਸਾਰੇ ਭਾਗ) ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇਕ ਸ਼ਬਦ 16-30

ਮੁਹਾਵਰੇ 16-25 ਕਿਰਿਆ ਦਾ ਪ੍ਰਸ਼ਨ

ਬੋਲ ਲਿਖ ਪਾਠ 13, 14

ਕਵਿਤਾ— ਇੱਕ ਪਿਆਲਾ ਪਾਣੀ ਦਾ

ਕਹਾਣੀ— ਗੁਪਤ ਖ਼ਜ਼ਾਨਾ

Distribution of Marks

Dictation 05 Written 45 Total 50

(5th-19)

ANNUAL EXAMINATION

(December - March)

Note: Syllabus of P.T. - 3 and Grammar topics of P.T. - 1 & 2 will be included in Annual Examination.

ਪਾਠ−16 ਦਮੂਕਾਂ ਬੀਜਣ ਵਾਲਾ ਪਾਠ−17 ਸੀ ਅਨੰਦਪਰ ਸਾਹਿਬ

ਪਾਠ−18 ਚੰਦਰ ਯਾਨ (ਕਵਿਤਾ)

ਪਾਠ-20 ਪਾਣੀ ਬਚਾਓ, ਜੀਵਨ ਬਚਾਓ

ਲੇਖ— 1. ਟੈਲੀਵਿਜ਼ਨ ਦੇ ਲਾਭ-ਹਾਨੀਆਂ, 2. ਵਿਦਿਆਰਥੀ ਤੇ ਖੇਡਾਂ

ਪੱਤਰ— ਨਗਰ–ਪਾਲਿਕਾ ਦੇ ਪ੍ਰਧਾਨ ਨੂੰ ਪੱਤਰ

ਵਿਆਕਰਣ— ਲਿੰਗ ਤੇ ਵਚਨ (ਵਾਕਾਂ ਵਿਚ) ਗਿਣਤੀ 91 ਤੋਂ 100 ਤੱਕ

ਸ਼ੁੱਧ ਕਰੋ (ਨੰ. 2 ਦੇ ਭਾਗ—ਹ, ਕ, ਗ) ਮੁਹਾਵਰੇ 26-40

ਅਖਾਣ 1-5 ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇਕ ਸ਼ਬਦ 31-40

ਵਿਸ਼ੇਸ਼ਣ ਦਾ ਪ੍ਰਸ਼ਨ

ਮੌਖਿਕ ਕਵਿਤਾ—ਇੱਕ ਪਿਆਲਾ ਪਾਣੀ ਦਾ, ਚੰਦਰਯਾਨ

ਕਹਾਣੀ—ਗੁਪਤ ਖ਼ਜ਼ਾਨਾ

ਵਾਰਤਾਲਾਪ— ਵਿਦਿਆਰਥੀ ਨੂੰ ਕਿਸੇ ਅਚਾਨਕ ਵਾਪਰੀ ਘਟਨਾ/ਦ੍ਰਿਸ਼ ਬਾਰੇ ਪੁੱਛਿਆ ਜਾਵੇਗਾ।

ਬੋਲ ਲਿਖ ਪਾਠ 13, 14, 16, 17, 20

Distribution of Marks

Oral 20 Written & Dictation 80 Total 100

GENERAL KNOWLEDGE

PERIODIC TEST - 1

(April - May)

Chapter No.: 1 to 10

Topic from School Diary : Code of Conduct **Topic -** SUSTAINABLE DEVELOPMENT

Main Idea:

Economic development without compromising on quality of life or damaging the environment.

Objectives:

- * To learn about sustainable development.
- * To understand ways of preserving natural resources.
- To explore ways of protecting the environemnt.

Brainstorming:

The teacher will read out the following passages and have a discussion with the students.

Before a school trip to Mussoorie, Saniya and Saurabh were constantly complaining about the unavailability of plastic carry bags for their purchases since the ban by the state government.

When they reached Mussoorie, they went for a walk on the Mall Road with the group. They were happily surprised to see clean and well maintained roads. There were dustbins placed strategically, and there were posters and information cards everywhere requesting tourists and locals to keep the city clean. They noticed signs that read 'Plastic Free Zone', and understood why the place was cleaner. It was an eye opener for both of them. They promised themselves to contribute and support the cause. They decided to take it further and spread the message of sustainable development for a healthy environment among their friends.

Discuss:

- Why were Sanjay and Saurabh complaining?
- * Why was Mussoorie cleaner?

ACTIVITIES

Activity-1

The teacher will discuss with the students how they can be the protectors

of their planet. The students will be encouraged to use old containers for storing water, growing plants, making pen holders or bird feeders.

Activity-2

There will be a discussion between the teacher and the students on the alternate sources of energy use of solar cooker, Natural gas, gober gas and so on.

Activity-3

Students will be told to make posters to show the changing face of the Blue Planet from 2000 to 2020.

Distribution of Marks

M. Marks: 25

PERIODIC TEST - 2 (Half Yearly)

(July - September)

Note: Syllabus of P.T. - 1 will be included in P.T. - 2

Chapter No.: 11 to 17, 21, 25 to 29

Topic - RESPONSIBILITY: RIGHTS AND DUTIES

Main Idea:

We have various duties towards our country and we also have rights that ensure a better life.

Objectives:

- * To understand our Rights and Duties as a citizen of India.
- To respect the national heritage.
- * To learn how to care for the public property.
- To obey law and order.

Brainstorming:

Rinkoo went on a school trip to see the Qutub Minar with his classmates. He ate a banana and threw the peel in the lawns in front of the monument. Rinkoo felt, "It is my right to use the national property as I wish."

- * Where did Rinkoo go on a school trip?
- * Where did he throw the banana peel?
- * Why did Rinkoo do this?
- * Was it right for Rinkoo to throw a peel like that ? Why ?

ACTIVITIES

Activity-1

A general discussion in the classroom may be carried out on following points:

- (i) What does being responsible mean?
- (ii) How can you be responsible towards the public property and / or other people?

Activity-2

Role-play: The class will be divided into groups by the teacher and each group will be asked to role play a situation with the theme. 'How does one respect public property' like parks, hospitals, monuments etc.

Activity-3

The teacher will instruct the students to make a promise card for themselves listing out the responsibilities that they will take up at home, school and at the community level.

Distribution of Marks

M. Marks: 50

PERIODIC TEST - 3

(September - December)

Chapter No.: 30 to 35, 44 to 47

Topic from School Diary (Labs : Temples of Practical Learning)

Topic - PERSONAL SAFETY

Main Idea:

To be aware of basic safety measures that everyone should know.

Let's start with:

Reena was shopping with her mother in a departmental store. Suddenly there were tremors and sounds of rattling. Everything seemed to be shaking.

Quickly, Reena pulled her mother's arm and ran for cover. She remembered what her teacher had told her to do when there was an earthquake. 'DROP! COVER! HOLD!' She also told other people what they should do.

Her quick reflexes and timely action helped save her mother and the people around who quickly followed her actions and instructions. She saved many lives.

Objectives:

- * To bring about awareness amongst people.
- * To prepare people for disasters.
- * To learn what natural disasters are and what to do when they occur.

ACTIVITIES

Activity-1

Often disaster strikes without a warning. Hence, it is imperative for us to be prepared for any such eventuality. Prepare pamphlets highlighting plan of actions under such circumstances.

Activity-2: Students will prepare first aid kit

Activity-3: Find out the meanings of the following words

* Pedestrian
* Fuel
* Sterile
* Fracture
* Antiseptic
* Bandage
* Bandaid

* Gauze

Distribution of Marks

M. Marks: 25

ANNUAL EXAMINATION

(December - March)

Note: Syllabus of only P.T. - 3 will be included in Annual Examination.

Chapter No.: 48 to 54, 56 to 60

Topic - CHOOSE YOUR ROLE MODEL

Main Idea:

Role models help us become what we want to be and inspire us to make a difference.

Let's start with:

Meera had lost a race at the Athletic meet that day. Tired and disappointed she fell on the bed. She had lost all hope of winning ever again. As she lay on the bed, she saw an ant trying to climb up the wall.

It tried six times climbing up but slipped down every time. It didn't give up but attempted the seventh time and finally did managed to climb up. Meera started smiling. The little ant had become her role model.

Objectives:

- * To understand the importance of identifying a right role model.
- * To explore the ways in which role models can help us.
- To learn from the lives of great leaders.

ACTIVITIES

Activity-1

Make a list of any 5 achievers who succeeded despite the hardships they faced and also paste the pictures.

Activity-2

The teacher may ask the students to select a person / role model for themselves. Make a list of at least 10 positive attributes that they admire in that person.

Activity-3 When I grow Up

Students should be encouraged to speak about their ambition in life. What they want to be when they grow up and why?

Distribution of Marks

M. Marks: 50

(5th-24)

COMPUTER

PERIODIC TEST - 1

(April - May)

- L-1 Formatting in MS-Word
- L-7 Algorithm and Flowchart

Distribution of Marks

Written: 25

PERIODIC TEST - 2 (Half Yearly)

(July - September)

Note: Syllabus of P.T. - 1 will be included in P.T. - 2

- L-2 Working with Objects in Ms-Word
- L-3 Working with Tables in MS-Word
- L-9 Multimedia

Distribution of Marks

Written: 30
Practical: 20
Total: 50

PERIODIC TEST - 3

(September - December)

- L-4 Working in MS-PowerPoint 2013
- L-5 Organising Slides in PowerPoint
- L-8 Introduction to MS-Excel

Distribution of Marks

Written: 25 (5th-26)

ANNUAL EXAMINATION

(December - March)

Note: Syllabus of P.T. - 3 will be included in Annual Examination.

L-6 Objects in MS PowerPoint

L-10 Introduction to Open Office Impress

Distribution of Marks

Written: 30 Practical: 20 Total: 50

(5th-27)

ART

PERIODIC TEST - 1

(April - May)

- 1. Pages 3 to 15 of the book "Master Stroke".
- 2. Drawing & Colouring: Poster Making, Hand Printing Art
- 3. Activity: Quilling work

PERIODIC TEST - 2 (Half Yearly) (July - September)

- 1. Pages 16 to 27 of the book "Master Stroke".
- 2. Drawing & Colouring : Holi Scene, Font Writing
- 3. Activity: News Paper Craft, Bottle Craft

PERIODIC TEST - 3

(September - December)

- 1. Pages 28 to 38 of the book "Master Stroke".
- 2. Drawing & Colouring: Christmas Scene, Card Making
- 3. Activity: Paper Bag

ANNUAL EXAMINATION

(December - March)

- 1. Pages 39-48 of the book "Master Stroke".
- 2. Drawing & Colouring: Republic Day, Basant Scene
- 3. Activity: Pen Stand, Paper or Tissue Flower Making

Note: For remarks and grades, student's artistic temperament and performance in various activities will be considered.

MUSIC

PERIODIC TEST - 1

(April - May)

- 1. 1 to 10 Alankar on Harmonium
- 2. Raga Bhairavi
- Festival Song

PERIODIC TEST - 2 (Half Yearly) (July - September)

- 1. Ektaal + Chartaal (Similarities & Differences)
- 2. Shabad
- 3. Patriotic Song

PERIODIC TEST - 3

(September - December)

- 1. National Song
- 2. National Anthem on Harmonium

ANNUAL EXAMINATION

(December - March)

- Aara Chautaal
- 2. Shabad
- 3. Bhajan

Note: For remarks and grades, student's artistic temperament and performance in various activities will be considered.

DANCE

PERIODIC TEST - 1

(April - May)

- 1. Teen Taal (Ekgun, Dugun, Chaugun)
- 2. Three different types of Chapkars (In Kathak)
- 3. Western Dance on Song

PERIODIC TEST - 2 (Half Yearly)

(July - September)

- Kavit in Teen Taal
- 2. Shlok
- 3. Teen Taal on Hands, on Foot

PERIODIC TEST - 3

(September - December)

- 1. Folk Dance on Song
- 2. Amad, Tora

ANNUAL EXAMINATION

(December - March)

- 1. Stretching
- 4. Tarana

Note: For remarks and grades, student's artistic temperament and performance in various activities will be considered.

PHYSICAL EDUCATION

PERIODIC TEST - 1

(April - May)

Warming Up : Jogging/Running/Strides, Drill Exercise, Recreation Activities

Yoga: Introduction, Meaning of Yoga, Parts of Yoga

Games : Kho-Kho, Basketball Handball, Races (different types), Broad Jump, Shuttle Run

Asana : Tadasana, Paschimottanasana, Vrikshasana, Bhujangasana, Ushtraasana

HEALTH EDUCATION

Topic 1. Know Your Self

Activity: Yoga and meditation

Topic 2. Food and Nutrition

Activity: Importance of food and benefits of healthy food

Topic 3. Hygiene

Activity: Personal hygiene
Topic 4. Physical Fitness

Activity: Flexibility

Topic 5. Safety Measures

Activity: First aid

Topic 6. Behaviour and Life Skills

Activity: Politeness

PERIODIC TEST - 2 (Half Yearly)

(July - September)

Warming Up : Jogging/Running/Strides, Drill Exercise, Recreation Activities

Yoga : Tadasana, Padahastasana, Bhujangasana, Ushtraasana, Chakrasana, Dhanurasana, Surva Namaskar

Games: Kho-Kho, Handball, Badminton, Rythmic Exercise

Athletics: Race (50m), Hop Race, One Leg Race, Relay, Zig-Zag Race

HEALTH EDUCATION

Topic 1. Know Your Self

Activity: Health Cards

Topic 2. Food and Nutrition Activity: "Eat Right - Live Well"

Topic 3. Hygiene

Activity: Good habits and bad habits

Topic 4. Physical Fitness
Activity: Speed activity
Topic 5. Safety Measures
Activity: Road Safety Drills

Topic 6. Behaviour and Life Skills

Activity: Self Esteem

PERIODIC TEST - 3

(September - December)

 $\textbf{Warming Up:} \ \, \textbf{Jogging/Running/Strides,} \ \, \textbf{Free Hand Exercise,} \\$

Drill Exercise

Games : Kho-Kho (Chain Kho), Dodges, 3-3-2 Running, Covering, Handball (Chest pass), Wrist pass, Long throw, Push Pass

Athletics: 50m, Zig-Zag, Back Race

Yoga: Ardhahalasana, Paschimottanasana, Padahastasana, Vajrasana

HEALTH EDUCATION

Topic 1. Know Your Self

Activity: Ten sentences on oneself physical, social, society

Topic 2. Food and Nutrition

Activity: Healthy kids (healthy eating habits)

Topic 3. Hygiene

Activity: Check up by doctor
Topic 4. Physical Fitness
Activity: Strength activity
Topic 5. Safety Measures

Activity: Responsibility, Rights and duties

Topic 6. Behaviour and Life Skills

Activity: Class room discipline (What can I do ?)

ANNUAL EXAMINATION

(December - March)

Warming Up: Jogging/Running/Strides, Free Hand Exercise

Yoga: Aradhahalasana, Paschimottanasana, Chakrasana, Dhanurasana

Games : Kho-Kho, Chain Kho, Dodges, 3-3-2 Running, Covering, Stand Ball, Chest pass, Wrist pass, Push pass, Long Throw, Dribbling the ball, Badminton

Athletics : Relay Race, Hurdle Race, Three Leg Race, Long Jump, Broad Jump

HEALTH EDUCATION

Topic 1. Know Your Self

Activity: Small wonders (Self monitoring)

Topic 2. Food and Nutrition

Activity: Good nutritions for body

Topic 3. Hygiene

Activity: Importance of personal / environmental hygiene

Topic 4. Physical Fitness

Activity: Drills to improve physical fitness

Topic 5. Safety Measures

Activity: Situation awareness

Topic 6. Behaviour and Life Skills

Activity: Behaviour cards in school / classroom rewards

Note: For remarks and grades, student's sports temperament and performance in various physical and yoga activities will be considered.

Note: Teacher will go through school health manual and life skill manual before counducting the activity.